

## 7th kup - Yellow Belt Green Tag

Green belt signifies the plant's growth - Tae Kwon-Do skills begin to develop.

### Yellow Belt Green Tag Line Work

Name and grade, position 1 (and so on...)

Forwards: right leg, walking stance, back fist side strike.

Backwards: walking stance, back fist side strike.

Forwards: turning kick, knife-hand guarding block.

Backwards: walking stance, wedging block.

Forwards: side kick, guarding block.

Backwards: walking stance, straight fingertip thrust.

Barrol.

Pattern: Do San.

Barrol.

3-step sparring (numbers 5 to 7).

Barrol.

Questions.